



075722 - Mrs. Friday's Honey Butter Biscuit Flounder, 2 oz.

A fish favorite meets a sweet, craveable coating for a menu all-star. Our flaky, mild-tasting, MSC-certified flounder complements the honey butter biscuit coating for a delicious new fan favorite. Our exclusive coating has a homemade appearance and many, many menu applications. Quick and versatile preparation means consistency and labor savings for you.



Brand: Mrs. Friday's

Nutrition Facts

40 servings per container
Serving size 4.0 ounces (4oz)

Amount per serving
Calories 200

% Daily Value*

Total Fat 5g	7%
Saturated Fat 1g	6%
<i>Trans</i> Fat 0g	
Cholesterol 30mg	10%
Sodium 780mg	34%
Total Carbohydrate 27g	10%
Dietary Fiber 0.7g	3%
Total Sugars 2g	
Includes 2g Added Sugars	4%
Protein 10g	

Vitamin D 1.8mcg 10%	•	Calcium 40mg 4%
Iron 2.2mg 10%	•	Potassium 140mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Flounder, Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Cottonseed And/Or Soybean Oil, Brown Sugar, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Salt, Modified Corn Starch, Honey, Soybean Oil, Wheat Starch, Maltodextrin, Tapioca Dextrin, Sucralose, Modified Butter Oil, Dehydrated Butter, Soy Lecithin, Guar Gum, Starter Distillate, Extractives of Annatto And Turmeric. Contains: Fish (Flounder), Milk, Soy, Wheat.

Product Specifications

GTIN	00041338757228	Case Gross Weight	11 LB
UPC	041338757228	Case Net Weight	10 LB
Pack Size	4 / 2.5LB	Case L,W,H	15.83 IN, 9.83 IN, 7.09 IN
Shelf Life	365 Days	Cube	0.63 CF
Tie x High	12 x 6		

Preparation and Cooking

Keep frozen until ready to use. Do not refreeze. Cook to an internal temperature of 165°F. Appliances may vary. Deep Fryer: Fry in clean oil at 350°F for 4 minutes or until golden brown. Convection Oven: Preheat oven to 375°F. Place product on baking sheet and cook for approximately 12-14 minutes. For best results, apply non-stick coating to the baking pan and turn the fillets over half-way through baking.

Serving Suggestions

- Signature fish & chips • Appetizers • Salads • One-of-a-kind fish sandwich • Surf and Turf • Wraps • Tacos

Packaging and Storage

Keep Frozen