



013145 - MRS. FRIDAY'S® GOLD PACK® ROUND SHRIMP U/12 CT.

Mrs. Friday's® Gold Pack® features top-quality 100% natural shrimp, hand-coated in light and crispy Japanese Panko breadcrumbs. Our most popular breaded shrimp, it's known for consistently superior flavor, texture, sizing, and appetizing plate appearance.

Brand: Mrs. Friday's



Nutrition Facts

60 servings per container
Serving size **4 ounces (4oz)**

Amount per serving
Calories 200

% Daily Value*

Total Fat 1.5g **2%**
Saturated Fat 0.5g **3%**
Trans Fat 0g
Polyunsaturated Fat 0g
Monounsaturated Fat 0g

Cholesterol 75mg **24%**

Sodium 790mg **34%**

Total Carbohydrate 33g **11%**

Dietary Fiber 1g **4%**

Soluble Fiber 0

Insoluble Fiber 0g

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 12g

Vitamin D 0mcg 0% • Calcium 35mg 2%

Iron 0mg 0% • Potassium 110mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Shrimp, Wheat Flour, Water, Corn Starch, Modified Tapioca Starch (Contains Coconut Oil), Salt, Tapioca Starch, Non-Hydrogenated Palm Oil, Yellow Corn Flour, Soy Flour, Sugar, Yeast, Rice Flour, Tartrazine (Fd & C Yellow 5), Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Sunset Yellow Fcf (F D & C Yellow 6), Color (Turmeric), Garlic, Mono- And Diglycerides of Fatty Acids, Natural Flavorings (Garlic, Onion), Onion, Whey Powder, Dextrose, Sodium Tripolyphosphate, Sodium Metabisulfite (As a Preservative). Contains: Crustacean Shellfish (Shrimp), Wheat, Milk, Soy.

Product Specifications

GTIN	10070017131124	Case Gross Weight	17.92 LB
UPC	070017131127	Case Net Weight	15 LB
Pack Size	6 / 2.5LB	Case L,W,H	11.85 IN, 11.06 IN, 10.55 IN
Shelf Life	540 Days	Cube	0.80 CF
Tie x High	12 x 4		

Preparation and Cooking

Keep frozen until ready to use. Do not refreeze. Cook to an internal temperature of 165°F. DEEP FRYER: Heat oil to 350°F. Add shrimp shaking basket occasionally to prevent from adhering. Fry approximately 3 to 3.5 minutes.

Serving Suggestions

- Dinner or lunch entrées• Appetizers• Seafood platters• Add-ons for beef, chicken, fish• Serve with signature sauces

Packaging and Storage

Keep Frozen

Allergens