



**031355 - DALLAS BBQ BREADED COD2
OZ 8/2.5 #**

- In-house made look without batter-prep hassle• Clean, fresh fish flavor that guests prefer• Menu versatility helps control inventory costs• On-trend, popular appeal means return visits



Brand: Dallas BBQ

Nutrition Facts

106 servings per container
Serving size 85 gram (85g)

Amount per serving
Calories 140

% Daily Value*

Total Fat 2.5g 4%

Saturated Fat 0g **0%**

Trans Fat 0g

Polyunsaturated Fat 1.5g

Monounsaturated Fat 0.5g

Cholesterol 20mg 7%

Sodium 400mg 17%

Total Carbohydrate 19g 6%

Dietary Fiber 0g **0%**

Soluble Fiber 0

Insoluble Fiber 14g

Total Sugars 1g

Includes g Added Sugars

Protein 11g 22%

Vitamin D 0mcg 0% • Calcium 11.32mg 1%

Iron 1.5mg 8% • Potassium 190mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Cod, Water, Enriched Bleached Wheat Flour (Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Corn Starch, Vegetable Oil (Cottonseed And/Or Soybean), Contains 2% Or Less of: Salt, Yellow Corn Flour, Wheat Flour, Corn Starch, Whey, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dextrose, Monosodium Glutamate, Cottonseed Oil, Sodium Alginate, White Pepper, Spice, Guar Gum, Sugar, Hydrolyzed Corn Protein, Xanthan Gum, Garlic Powder, Onion Powder, Nonfat Milk, Soy Flour, Cellulose Gum, Disodium Guanylate And Disodium Inosinate (As Flavor Enhancers), Natural Flavor

Product Specifications

GTIN	00041338313554	Case Gross Weight	22.25 LB
UPC		Case Net Weight	20 LB
Pack Size		Case L,W,H	15.83 IN, 13.14 IN, 10.73 IN
Shelf Life	365 Days	Cube	1.29 CF
Tie x High	9 x 4		

Preparation and Cooking

Do Not Thaw. Do Not Overcook. CONVECTION OVEN: Preheat oven to 425F. Place frozen fish fillets in a single layer on a shallow baking pan. Bake uncovered for 13 to 15 minutes or until golden brown. For best results, turn fish fillets during half cook time. DEEP FRYING: Preheat oil to 350F. Cook from frozen for 4 1/2 to 5 minutes or until golden brown.

Serving Suggestions

- Fish & chips• Fish sandwiches• Fish wraps• Fish tacos• Lunch & dinner entrées• Fish Fry

Packaging and Storage

Keep Frozen

Allergens